THE WOMAN'S CLUB OF WINTER PARK, INC.



FEBRUARY 2020 HIGHLIGHTS

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Dear Woman's Club members,

February is upon us and reminds us of the beauty of the area we live in with blooming trees and shrubs and just enough cool days to wear our sweaters now and then. At the Woman's Club, we are busier than ever with some great programs coming up this month.

Our Founder's Day dinner was a wonderful, relaxed evening with delicious food, friendly company and an inspiring musical program. Our clubhouse was decorated to the nines and the beautiful weather made possible a cocktail hour out on the patio

with the doors open to the balmy night air. It made me very proud to be among the membership that is caring for this historic home to our 105 year old Woman's Club. Our founding members would have been proud of the care we are taking of the clubhouse and they also would have applauded our support of the young women of the Bel Canto Advanced Woman's Chorus who came and sang for us. Thanks to the generosity of our members, Cuisiniers Catered Cuisine and Events who provided a delicious dinner at a very special rate, and A.J. and Jose' of A.J. Productions who donated the use of the table décor and linens, we were able to make a donation of a bit over \$1,600.00 to the choir for their expenses as they travel to the West Coast for a national competition. What a wonderful experience for these students to be able to be a part of this very high level group that has traveled the country performing. Their leader is just as inspiring as a wonderful mentor to these students.

Dr. Jeffrey Redding can be heard here in a TedxX Orlando talk and you will understand why he is in demand as a guest conductor as well as an inspirational speaker. You can follow this link: https://www.youtube.com/watch?v=rpy8MNjlclE

to hear Dr. Redding's TED Talk. This event could not have happened without the generous gift of time and energy of the members who helped in so many ways. Thank you ladies, it was truly a memorable night!

This month we continue an outreach started by Judy Allen to take Valentine treats to members who for a variety of reasons have difficulty joining us for our programs and teas. Thank you to Chris and everyone who has volunteered to assemble and deliver these "thinking of you" Valentines boxes.

I look forward to seeing everyone at our programs and teas!

Nancy Miles

February Programs



Thursday, Feb 6th, 2020, 2PM: Barbara Liston, League of Women Voters, "Warriors for Democracy"

Barbara Liston of the League of Women Voters Orange County will present a colorful program to celebrate this year's 100th anniversary of Women's Suffrage and last year's 80th anniversary of the establishment of the local League, a landmark event involving several members of WCWP. We'll



be honoring our precious right to vote, have an opportunity to update addresses and signatures in Supervisor of Elections database, and have chance to own autographed copies of LWV's history, Warriors for Democracy. We look forward to

a great time with you on Feb. 6.

Thursday, Feb 13, 2020, 11:30AM: Brian Hayes & Taster's Lunch

Bryan Hayes is a vocalist, songwriter, arranger and composer with a background ranging many genres including Classical, Jazz, Blues, Soul, R&B, Rock, Pop and more. He has performed major roles in numerous operas, oratorios and theatrical productions in Europe and the USA. Mr. Hayes will take popular songs of the past and present and will perform them in a unique and enjoyable style that is sure to please listeners of any age. From Beatles to Coldplay, or Sinatra to Sam Smith, Bryan is known to perform music with an artist's passion and sheds a new light on songs that everyone knows and loves.



For Taster's Choice Luncheon – We would like to invite you to bring a dish for our potluck lunch at 11:30 a.m. Please RSVP to Aycha/Maura so we have an accurate headcount for table set-up and for your potluck dish or category at the Hospitality table so we have a variety of potluck lunch items.



Thursday, Feb 20, 2020, 2PM: Aycha Williams, Sustainably Healthy Living

What does it take to adapt and keep healthy living habits in the long term? And what is this buzz about mindful-living and meditation? Making it a routine to eat healthy, exercise regularly, and minimize stress are at the forefront of most of our New Years resolutions. Learn what it takes to create and sustain the healthy life style you have always wanted for yourself and your family. Aycha Williams has over 2 decades of corporate marketing experience, she is your

Woman's Club Administrator & is a Duke University Trained Health Coach. A journey that started with a grave need to find balance between work and family, has taken her on the path to run marathons, eat what she grows, and learn what it means to live a vibrantly healthy balanced life. Aycha will share tips for small attainable steps for healthy living that stick around for the long term.

Thursday, Feb 27, 2020, 2PM: Liz Doyle, Florida Embassy, Washington, DC. Located just outside Orlando, Liz is responsible for facilitating the work of the regions and committees as well as working with the trustees to promote the mission and goals of Florida House. A native Floridian, Liz graduated from Clemson University. After graduation, she lived in South Carolina and in Atlanta, working in the tourism industry. During her career she developed and implemented marketing and communication plans and programs to promote destinations to groups and travelers in the U.S., Europe and Asia. Taking her experience she relocated to her hometown and opened a consulting business where she specialized in marketing communications, strategic planning, building consensus, meeting planning and the development of collateral



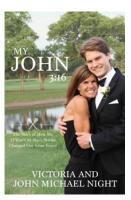
materials. Liz was introduced to Florida House by her mother and is a second-generation member of the Central Florida Council. She served as Treasurer, Vice President and President. Liz was also a member of the Florida House Board of Trustees, serving as Secretary; has held many leadership positions, serves on various boards.

Upcoming Events

Shopping at Through the Looking Glass

Join us on **Thursday, February 6**, for the shopping day at Through the Looking Glass (110 N. Park Avenue) 10:00 a.m. - 6:00 p.m. - 15% discount will be offered to club members and 10% to our club for charitable giving. When shopping, please identify yourself as a club member!

Guest Speaker, Vickie Night



A special evening event will be held at the Woman's Club on Tuesday, February 11th from 7:00 to 9:00. Special guest speaker and local mom Vickie Night will read from her new book written after a medical event with their 17 year-old son changed their lives forever. The role of community in helping the Nights as they traveled this very difficult journey is the greatest testament to what makes a village and why our city is a special and caring place to live. Vickie will have her warm and inspiring book available.

Vickie will do a book signing after her talk. The event is **FREE** and parking is available onsite. This evening is about community and we especially welcome anyone new to our area. We will have information about local businesses, churches, workout places, preschools, volunteer opportunities and much, much more as well.

Message from the Charitable Giving Committee



The Charitable Giving project for February will be on February 11 at 1PM. We will be making 25 Valentine boxes filled with cookies & candy for those members who are unable to attend our meetings or who need a little cheer in their lives. If you have signed up for cookies, please bring them on February 11th between 9:30AM & 1:00PM. If you signed up for candy, it can be brought to the club any time on or before Feb.11. Please make sure that the cookies & candy are of the Valentine sort. Thank you to everyone that contributed to this project:

Cookies
Mabel Rasmussen
Sandra Blossey
Meredith Murphy
Churchill Thompson
Sue Grafton
Lucy McDonough
Nancy Miles
Judy Allen
Shelia Spitler
Patricia Johnson
Pat Miller
Kathy Dunn

Candy
Kim Mould
Sharyn Jontz
Leslie Thomas
JoAnne Bandy
Sue Luongo
Chris Bush
Julie Caton
Bev Cox
Marilyn Shepardson
Kathy Parham
Kathryn Di Mauro

Chris Bush, Charitable Giving Committee Chair



2/3	Lucy McDonough	2/18	Jessica Parker
2/6	Peggy Rogers	2/22	Monica Clarke
2/9	Roberta Willenken		
2/11	Meghan McGee	2/25	Jeanie Freeman
2/12	Marilyn Shepardson	2/27	Kathy Dunn
2/14	Annette Kelly		
2/15	Lynne Wiley		
2/16	Sara Johns		
2/16	Leslie Thomas		



Please Welcome Our Newest Members!

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