THE WOMAN'S CLUB OF WINTER PARK, INC.

NOVEMBER 2022 HIGHLIGHTS



President: Natalie Hill

President Elect: Katie Campbell

Club Office: 407-644-2237

Email:

info@womansclubofwinterpark.com

President's Column

Fall has arrived with sweaters and jackets being worn once again as the weather turns cooler in the mornings. We go from our pink of last month to the hues of autumn with orange, greens and yellows. October put the Woman's Club back into action and we did it in style as we gathered on the first Thursday to honor birthdays for August, September and October with a **Circus theme Popcorn Party.** There were six games and plenty of contenders for the various prizes. While not scoring points at the game tables, the ladies were munching on popcorn and catching up on their summer.



It was also nice to return to our monthly luncheons and our **Flamingo Feast** on the third Thursday was a fun event. The clubhouse was filled with pink flowers provided by Shannon McClain, who helped with the set up the day before along with Chris Bush, Kathy Parham, Meredith Murphy, Jacqueline Stewart, Jean Jackson and chairs for the event Sue Luongo and me. The salad buffet from Publix was well received and as was our musical entertainment from CFVA.

Two of our Charitable Giving projects: Salvation Army Christmas Stockings and the HOPE Partnership food donations; were underway with a wonderful response from club members, thanks to the organizing skills of chairs Kathy Parham and Lucy McDonough. In the Programs department, Lindsay Peloza brought us HOPE and a vision specialist. This month we will hear from a wellness coach and an art gallery owner.

Thanksgiving is this month thus we will only have 3 meetings, with our **Friendsgiving Taster's Choice Luncheon** on the 17th. The membership becomes the caterers for this special occasion as we all bring the food. Sign-up sheets will be at the sign-in tables for YOU to list YOUR item- salads, entrees, desserts, etc. Please join us for this traditional occasion.

Last but not least, is the **Artisan Showcase** on November 19th. VP, Katie Campbell has sent out registration forms to all the vendors and social media is spreading the word. YOU can help too, by telling family and friends to come out to shop on that Saturday. This is a fundraiser of sorts- the vendor "rents" his or her table space and that is our income, while what they sell is the vendors' income.

Welcome to November, and we look forward to seeing YOU at the clubhouse! Happy Thanksgiving!

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Announcements & Updates

Hospitality Committee



The club will host a FRIENDSGIVING LUNCHEON on November 17TH. This is the first of two "Taster's Choice" (potluck luncheons scheduled for the 2022-2023 club year.)

There is no charge associated with these luncheons. Instead, members who plan to attend simply sign up to bring a dish to share with their fellow club members. The sign-up sheets will be available at the Hospitality table at our weekly meetings. Categories include: appetizers, salads, side dishes, light entrees and desserts. You may also RSVP with Julie Wadsworth in the club office at info@womansclubofwinterpark.com or at 407-644-2237. Please

mark your dish with your name and bring it to the club (no later than 11:15 a.m.) ready to serve at room temperature. Unfortunately, we have limited kitchen space and no time to heat the numerous dishes. The luncheon will begin at 11:30 a.m. Please join us for this popular luncheon where members get to share some of their favorite recipes (or their favorite prepared foods, if they prefer).

Jacqueline Stewart & Shannon McClain, Hospitality Co-Chairs

Yearbook/Website



If your photo is not in our new Directory, please submit a headshot, or ask me to take one at a Club meeting.

We'll send your photo to our membership to clip and add to the Directory.

As a reminder, if you are able to help volunteer with the yearbook or website and take pictures, please contact Churchill Thompson.

Churchill Thompson & Kelly Berenbaum, Yearbook & Website Co-Chairs churchillthompson@gmail.com

Ways and Means



Our Artisan Showcase is November 19th! We are again having a seasonal table, with fall, Christmas, Hanukkah, and New Year's items, which depends on YOU to stock! Please bring your holiday/seasonal items you are willing to part with to the first three meetings in November or drop them off at the office during the week. I hope to see all members at the Showcase to support the talented folks who are presenting their handcrafted items.

December 8th, at our Holiday Luncheon, we will again have a bake and craft sale. Ladies, you are so talented and bake from your hearts. I look forward to many goodies to tempt our members. If you are a crafter and wish to donate and sell your work, we would be so pleased. Please look for sign-up sheets in November. All proceeds from the bake and craft sales will go to the Ways and Means Committee.



Cindy Abeel, Ways and Means Chair Zsuzs1@earthlink.net or 407-690-0086

Scholarship



Save the date for our scholarship banquet!
All members are invited to attend. RSVP's to the Scholarship
Committee are due no later than December 12th.

Sue Grafton & Patty Munsey, Scholarship Committee Co-Chairs

Charitable Giving

Adopt-A-Family – Holiday Gift Program

The club's final charitable giving opportunity for 2022 is the Adopt-A-Family program where we collect holiday gifts for families at The Meadows, a Winter Park Housing Authority (WPHA) facility. This year we will be "adopting" four families, with a total of 10 children. The following is a summary of the program:

- 1. The WPHA staff has provided us with a "wish list" for each of the 10 children. Sign-up sheets with the wish lists will be available at the Charitable Giving table beginning with the November 3 meeting. The sign-up sheets will also include a \$50 Publix gift card for each of the four single mothers. We are asking members to sign up to donate a gift for one of the children or their single mothers.
- 2. If you prefer, you can provide a monetary donation to the WCWP and we will do your shopping for you!
- 3. All gifts should be new. Please wrap your gift and label it with the child's name.
- 4. Please return all gifts (and receipts) by Thursday, December 8. Gifts and receipts can be returned to the office during business hours on Monday Thursday from 9:30 am 1 pm or at our Thursday club meetings.

Salvation Army Stuff-A-Stocking

November 3 is the deadline for returning your filled stockings! Again, stockings can be dropped off at the office during business hours or at the Thursday, November 3 club meeting. Please remember to include your receipts.

Hope Partnership

If you have not yet had a chance to donate and would like to do so, we will be collecting donations for Hope Partnership through Thursday, November 10. Hope Partnership's most pressing needs include:

- Shampoo and conditioner regular size and travel size
- Household cleaning supplies

Again, donations can be dropped off at the office during business hours or at the November 3 and November 10 club meetings. Please remember to include your receipts.

The Great Big Relay of Central Florida – November 12

As mentioned in October Highlights, this community sponsored event helps to fund the American Cancer Society. The event, known as the Festival of Hope, celebrates survivors and caregivers and honors and remembers every life touched by cancer. The event will take place from 4 pm - 10 pm on November 12 at Showalter Field stadium in Winter Park. You may want to consider individually supporting this event. Several of our club members and their families have been touched by cancer. The Charitable Giving committee is looking for an opportunity for the club to support a local cancer support group for women in the spring timeframe.



Thank you to our club members for your generous participation in the club's charitable giving activities!

Lucy McDonough & Kathy Parham, Charitable Giving Committee Co-Chairs

Happy Birthday



Churchill Thompson	11/7	Elizabeth Fullington	11/20
Ann Hicks Murrah	11/9	Karen Schuermann	11/20
Deborah Williams	11/10	Meredith Murphy	11/23
Jo Ann Palmer	11/11	Shirley Osgood	11/29
Natalie Hill	11/14	Elaine Laegeler	11/30
Lindy Freeman	11/18		

November Programs

Happy November!! Thank you all very much for all of your donations to The Hope Partnership. They were very thankful and grateful!!!

I had the pleasure of meeting a few more of the members of their organization when I dropped off the donations at their facility in Kissimmee.



November 3rd, 2 pm

Progressive Trans4mation – Talya Kosstrin Wellness Coach

Learn the best foods to purchase, top ingredients to avoid, and master reading a nutrition label.

MEET: Talya Kosstrin

Talya Kosstrin, owner of Progressive Trans4mation, is a certified Integrative Health & Wellness coach who learned that it's absolutely possible to live in a fast-paced environment and still maintain a healthy lifestyle.

Talya began her career in the hospitality field. Although she loved planning events, she experienced first-hand the adverse effects of a demanding and stressful job. Talya realized the importance of making the time to plan ahead and take care of her own health so that she could be her best self for others. Over time, she became interested in learning more about positive strategies to deal with the stresses of high-pressure jobs.

Talya helps her clients to focus on small, daily steps, and her goal is to inspire them to make gradual changes towards a happier, healthier, and more balanced life.

As clients learn the importance of making the time for self-care, they are less stressed, feel more energized, lose weight, sleep better and feel a greater sense of self-confidence. They learn that you don't have to sacrifice your health for your career when you take small steps towards a *progressive trans4mation*!

November 10th, 2 pm

Park Avenue Contemporary Art Gallery – Denise Autorino will share her Success Story





MEET: Denise Autorino

An avid art collector for over 20 years with a long career in Publishing and a true entrepreneur. "The gallery was a 10 year dream in the making with our first gallery opening at the Park Plaza Hotel in 2020 featuring Iconic Winter Park paintings and signing a dozen local artists to launch with." The new location offers over 1,300 square feet for larger paintings, sculptures, artist talks, events and more. By attending art fairs around the world -including the Venice Biennale in 2022, Art Basel Miami every year and museum shows regularly from Aspen Art Museum to all over Florida- Denise has an eye for unique talent -including emerging artists- and a huge respect for museum level artists such as

Barbara Sorensen and Victor Bokas.

The curated selections of art and artists are carefully selected and professionally installed with new art arriving on a regular basis.

Denise also founded and publishes an award winning luxury guide called PASSPORT WINTER PARK, now in its eighth year.

November 17th, 11:30 am

Back by popular demand Friendsgiving / Thanksgiving Luncheon – Taster's Choice



Join us for the Musical Talent of:

Join everyone's best friend, soprano Ashley Van Kirk, as she shares songs of friendship to celebrate the Thanksgiving season. Ashley's program will feature solos and duets from the musical theater and American songbook repertory and she will be joined by surprise friends both on piano and vocals.



MEET: Ashley Van Kirk

Ashley Van Kirk is an actor from California, she moved to Florida four years ago after graduating with her BFA in musical theatre from AMDA. She came for Disney but stuck around for the incredible theatre community! When not on stage you can find Ashley performing as princesses and other characters at parties/events through Tutu Tales Party Productions, giving tours at Chocolate Kingdom, adjudicating musicals through the Applause Awards, or film acting!



Lindsay Peloza, Program Chair

2022-2023 Directory: Member information received after directory publication:



Pamela Driscoll (12/31) 535 N Interlachen Ave #201 Winter Park, FL 32789 407-463-3353 c pammdriscoll5@gmail.com



Heather Frazee (2/17) 1203 Lindenwood Lane Winter Park, FL 32792 321-689-9465 c Heather.frazee@gmail.com



Shelley McGrath (8/19) 708 Via Bella Winter Park, FL 32789 407-716-2329 c shelley4biz@aol.com



Amanda Summers (12/8) 1416 Tennessee Ave. St. Cloud, FL 34769 803-464-6077 c amandasummer290@gmail.com

Please add the information next to their picture/name in the directory:



Janet DiLorenzo (7/1) 432A Heritage Hills Somers, NY 10589 914-643-9692 c drdilor432@gmail.com



Elizabeth Fullington (11/20) 3613 East Lina Lane Apopka, FL 32703 407-310-1107 c RHSM@cfl.rr.co



You all are invited to attend the Messiah Choral Society's 50th anniversary performance of the Messiah on Sunday, November 20, 2022 at 3:00 pm at the Dr. Phillips Center for the Performing Arts in Steinmetz Hall. It is FREE! If you are unable to attend, it will be live streamed from their website at Messiahchoralsociety.org. I will be singing in it.

Chris Bush

